What’s on the Table: Where Are You From?
Contributed by Forest Avenue School, Middletown

RI – SS – GSEs:
- G3 (K-2) and (3-4)

Description:
Students will discuss how people move from place to place, and how food moves with them.

Objective:
Investigate human migration and foodways

Green Animals Connector:
Students will harvest their own produce from the Green Animals vegetable garden and discuss the origins of vegetables.

Materials:
- World map
- Different vegetables for different groups
- Crayons/markers
- Paper to make their transportation

Procedures:
1. While at Green Animals, different groups of students will harvest a few different types of crops
2. With the class, discuss migration and how certain foods traveled to get to the United States
3. Talk about the different cultures associated with the different vegetables
4. Each student will make one transport (plane or boat) to bring their vegetable home.

Take Away:
- Back at your classroom, have each group research the history of their vegetable and draw a map that shows how the food migrated from place to place.
- You can extend this into an art class by making natural dye out of the peels of your class’s vegetable and have them paint world maps with the dye.