

The Sailboat

MATERIALS

- Construction paper (2 shades of blue, white, and brown)
- (Optional – provided) Boat and sail stencil
- (Optional) Paper plate or newspaper for the mess
- Crayons or oil pastels (example used oil pastels)
- Scissors
- Glue or glue stick



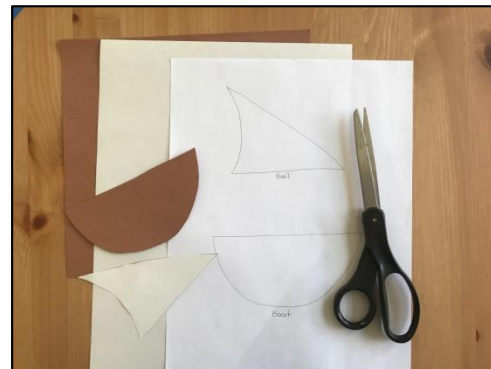
STEPS

1. Collect all materials.

***Helpful note:** For the background blue paper, using cardstock will hold it better, but construction paper works well too.



2. Trace the boat stencil on the brown paper and the sail stencil on the white paper. Cut them out. You can draw your own boat and sail if you wish!



Sailboat Craft

3. Cut 3-4 strips of blue paper. They do not need to be even.

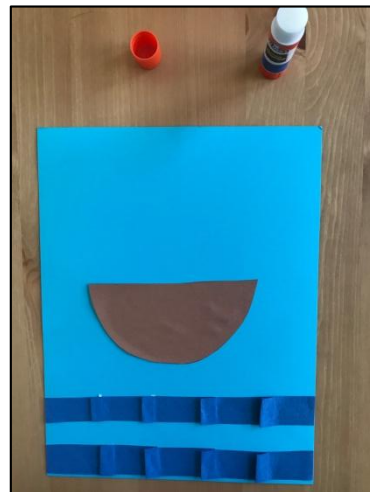


4. Glue a line on the paper and lay a blue strip down one at a time. If you want to make waves, pinch back some paper and glue it down – repeat this as many times as you want.

***Helpful Note:** Just do two strips to start.

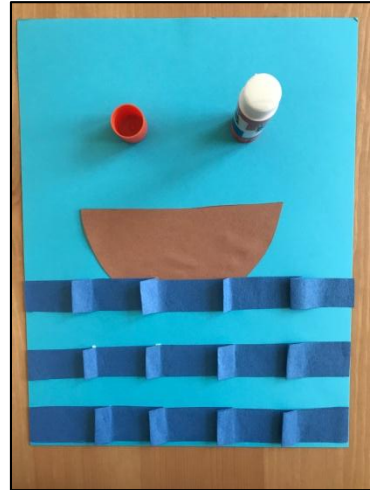


5. Glue the brown boat above the strip of blue paper – use image to help you.



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- Repeat step 4, but glue the strip over the bottom of the boat.



- With crayons or oil pastels, draw waves with blue and white. Draw lines on the boat with brown.



- Glue the left part of the sail down and lift it a bit so there is movement in the sail. Look at image to assist. Glue the forward-pointing part down.



Sailboat Craft

9. Final touches – draw a mast, birds, and cloud – whatever you like! Now sail away!



Sailboat Craft

Storytime

- *How it Feels to Be a Boat* by James Kwan
- *Busy Boats (Amazing Machine)* by Tony Mitton
- *Boat Book* by Gail Gibbons
- *If I Had a Little Boat* by Carlee M. Lee

Creative Writing

Write a story about the sailboat you created. Use your imagination or use one of the books above for inspiration. What is the name of your sailboat? Where will your sailboat travel? Are there other characters in the story? What will happen at the beginning, middle, and end?

Let's Move!

Try pairing the craft and reading with this movement activity.

Boat Pose

1. Sit down with your knees bent and feet flat on the floor
2. Lift your heart up tall
3. Keep lifting your heart up as you lift one leg
4. You can also lift the other leg, or simply switch between legs
5. As one or both legs are lifted, squeeze them so you feel strong
6. Lower leg(s) back down to the ground into your original position